



PARSNIP Behold

Label

UPSET THE RHYTHM

Format

LP

Catalog Number

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UPC

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Store Price

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Release Date

05/10/24

Territory

NORTH AMERICAN EXCLUSIVE

Genre

FILE UNDER - P - ROCK



**UPSET! THE
RHYTHM**

DESCRIPTION

Recorded across three sessions over the last three years, *Behold* is a testament to **Parsnip** at their most creative, catchy and collaborative. This album showcases the multi-talents of all four members, with spirited performances adding dazzle to the thirteen tracks. **Paris Richens** lets the bass playfully roam. **Carolyn Hawkins** tumbles feeling into the drum rumble. **Stella Rennex**'s guitar soars alongside her saxophone work, whilst a sprightly keyboard is tenderly attended by **Rebecca Liston**. Everyone sings amidst this lush canopy. Patience, environmental cues and internal signals are integral for a garden to flourish. The same can be said of the conditions necessary for *Behold* to emerge. It is an album gleeful in reassessment, changed priorities and anticipation. The roots are deeply anchored to mystery, drinking up a hidden wonderment that lies within. "The Babble" sounds like **Ray Davies** playing Wordle for enlightenment. In fact, most of these songs are pointing the way towards growth and understanding. "Turn to Love" is mesmeric and timeless, thoroughly serene and perfectly judged. Parsnip write songs as a form of communion with the intangible in our increasingly delusory world, but there is always a gentle reminder; don't take anything too seriously. On *Behold*, Parsnip explore both the inner and outer realms of consciousness with quick wits and some seriously quality jangle and jolt. "The Light" is a whip smart workout, sprouting naturally from the propulsive nature of their debut album *When the Tree Bears Fruit* (2019). "Placeholder" is also devastatingly honest and channels **The Field Mice** as it buries itself like an arrow into your heart. Anti Fade Records and Upset The Rhythm present Parsnip's first album in five years, *Behold*.

TRACKLISTING

01. Monument
02. The Light
03. Duality
04. L.O.N.E.
05. Placeholder
06. Pockets
07. Unearthing
08. The Babble
09. Turn to Love
10. Clear Blue Sky
11. Swan Song
12. Papier Mache
13. Kutastha

HIGHLIGHTS

- Recorded across three sessions over the last three years, *Behold* is a testament to **Parsnip** at their most creative, catchy and collaborative.
- This album showcases the multi-talents of all four members, with spirited performances adding dazzle to the thirteen tracks.
- RIYL: **Ray Davies, The Field Mice**.

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