



HOLY SPRINGS E.A.T

Label

UP IN HER ROOM

Format

LP

Catalog Number

UIHR 009LP

UPC

689492224714



Store Price

\$19.39

Release Date

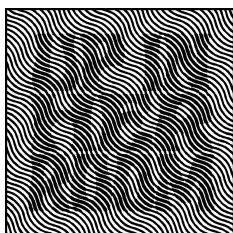
04/19/24

Territory

NORTH AMERICAN EXCLUSIVE

Genre

FILE UNDER - H - ROCK



DESCRIPTION

Available on super limited-edition pink vinyl with obi strip and download code. Only 300 copies pressed. London based shoegaze three-piece **Holy Springs** are **Neil Atkinson Jr**, **Maria Bellucci**, and **Suzanne Sims**. The band blend psychedelic influences with their love of lo-fi guitars and keyboards. In 2020 they self-released the cassette mini album *Indoor Tapes*. Shortly after the incredible EP *Camera* they present their debut full length *E.A.T* on limited-edition vinyl. Debut albums can sometimes feel a bit disparate as bands fling all the songs they've been working on together with no real thought as to how they all hang together as an album. Not so with *E.A.T*. The effort and thought that has gone into writing a cohesive and well-structured album is evident on every note played. If this is the band just starting out imagine what their next album will sound like, and the one after that.

TRACKLISTING

- A1. E.A.T
- A2. What I'm Supposed To Do
- A3. Surprise
- A4. Optimistic
- A5. Believe It
- A6. I Can't Wait
- B1. Fold
- B2. Listen
- B3. I Want You
- B4. See It All The Time
- B5. Drift
- B6. If I Had A Reason

HIGHLIGHTS

- London based shoegaze three-piece **Holy Springs** are **Neil Atkinson Jr**, **Maria Bellucci**, and **Suzanne Sims**, and now present their debut full length *E.A.T*
- The band blend psychedelic influences with their love of lo-fi guitars and keyboards.
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