

Alex Twomey



Days Off

ALEX TWOMEY Days Off

Label

RECITAL

Format

CD

Catalog Number

R 088CD

UPC

769791979574



7 69791 97957 4

Store Price

\$10.99

Release Date

11/05/21

Territory

NORTH AMERICAN EXCLUSIVE

Genre

FILE UNDER - T - EXPERIMENTAL



DESCRIPTION

Alex Twomey's *Days Off*, the second full-length album under his own name, pronounces his evolving compositional approach. Following *The Entertainer* (R 058LP, 2019), this album features a more intimate ensemble of piano, strings, bass, and guitar. Written between 2019 and 2021, the arrangements resemble pop-structured songs within the margins of sedate orchestral music. Twomey's use of electric guitar is also unique; more as a blurred harmonic brush propelling rhythmic cycles and key changes. The influence of **Michael Nyman, Penguin Cafe Orchestra**, and other English-minimalists is present – but Twomey as one-man composer, performer, and producer delivers a rare intimacy, a sardonic view of days better spent. We're transported to a restful couch in Alex's living room. His cats sleeping around you like gods in relief as the album echoes from his studio in the next room. With repeating chords of matched exuberance and melancholy, *Days Off* evokes a familiarity both optimistic and sentimental.

TRACKLISTING

01. Trying to Be Real (3:33)
02. Baby, I'm Dying (3:46)
03. Addicted to Being Sad (3:57)
04. New Year, New Doom (1:56)
05. Big Night (3:02)
06. Going On (4:37)
07. Revisiting (3:58)
08. Enough Time (5:27)
09. Once a Day (3:31)

HIGHLIGHTS

- **Alex Twomey's** *Days Off*, the second full-length album under his own name, pronounces his evolving compositional approach.
- Written between 2019 and 2021, the arrangements resemble pop-structured songs within the margins of sedate orchestral music.
- The influence of **Michael Nyman, Penguin Cafe Orchestra**, and other English-minimalists is present – but Twomey as one-man composer, performer, and producer delivers a rare intimacy, a sardonic view of days better spent.

Also available:

(R 058LP) TWOMEY, ALEX: *The Entertainer* LP [769791973886]

(R 074LP) MCCANN/MATTHEW SULLIVAN/ALEX TWOMEY, SEAN: *Saturday Night* LP [769791976733]

Press Contact: publicity@forcedexposure.com

Exclusively Distributed by

FORCED EXPOSURE

60 Lowell St, Arlington, MA 02476
ph: (781) 321-0320 • fx: (781) 321-0321
fe@forcedexposure.com