



## Agarthā

Personal Meditation Music



AN INTERACTIVE IMPREC TECHNOLOGIES PROGRAM

# MEREDITH YOUNG-SOWERS

## Agarthā: Personal Meditation Music

Label

### IMPORTANT RECORDS

Format

**7CD**

Catalog Number

**IMPREC 538CD**

UPC

793447553825



Store Price

**\$33.59**

Release Date

**12/06/24**

Territory

**NORTH AMERICAN EXCLUSIVE**

Genre

**FILE UNDER - Y - ELECTRONIC**



Exclusively Distributed by

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## DESCRIPTION

*Agarthā: Personal Meditation Music* is a 7 CD boxed set, originally released on cassette in 1986, at the height of New Age, as an aid for meditation and alignment. Bringing to mind 20th century composers like **Eliane Radigue**, **La Monte Young**, or even **Brian Eno's Shutov Assembly**, the time-stopping, enveloping, electronic music contained in this series sounds eerily modern, mysterious and moving. Characterized by deep analog drones, rising overtones, floating frequencies surfing on sine-waves and intervals with mystic modulation, this is truly moving, vibrational music. In *Agarthā*, the individual notes of each Harmonic Triad proceed in a fashion that is neither improvisational nor chance-based, nor is it generative. Instead, the music flows outward as if being transmitted – or channeled – from a place outside human consciousness. There is a profound sense of cosmic depth expanding ever outward as the music fills the listener with waves of emotion, and a palpable somatic response is felt, although there are subtle differences with each unique Triad. Each disc is individually packaged in original replica sleeves and housed in a heavy-duty cardboard clamshell box. Digitized and remastered by **Jessica Thompson**. Liner notes include extensive instructions for use from the original text and an essay by library music scholar **David Hollander**. The original edition of *Agarthā: Personal Meditation Music*, featured one-track, 30-minute track per tape repeated on both sides. Subsequent editions had unique Side B tracks on all but two of the seven volumes. Important Records have included all tracks in this boxed set. RIYL: Eliane Radigue, **Pauline Oliveros**, **Eleh**, **Duane Pitre**, La Monte Young, Eno, **Larajji**, **Isos**.

## TRACKLISTING

- 1.01. Spiritual Questing 1
- 1.02. Spiritual Question 2
- 2.01. Intuition
- 2.02. Intuition (Repeated)
- 3.01. Communication 1
- 3.02. Communication 2
- 4.01. Love 1
- 4.02. Love 2
- 5.01. Personal Power 1
- 5.02. Personal Power 2
- 6.01. Sexual & Emotional Balance
- 6.02. Sexual & Emotional Balance (Repeated)
- 7.01. Earth Connection 1
- 7.02. Earth Connection 2

## HIGHLIGHTS

- *Agarthā: Personal Meditation Music* is a 7 CD boxed set, originally released on cassette in 1986, at the height of New Age, as an aid for meditation and alignment.
- Bringing to mind 20th century composers like **Eliane Radigue**, **La Monte Young**, or even **Brian Eno's Shutov Assembly**, the time-stopping, enveloping, electronic music contained in this series sounds eerily modern, mysterious and moving.
- In *Agarthā*, the individual notes of each Harmonic Triad proceed in a fashion that is neither improvisational nor chance-based, nor is it generative. Instead, the music flows outward as if being transmitted – or channeled – from a place outside human consciousness.

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