



## SJALEN Spirit High

Label

**STUDIO BARNHUS**

Format

**LP**

Catalog Number

**BARN 079LP**

EAN

4251804131414



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Store Price

**\$18.79**

Release Date

**01/21/22**

Territory

**U.S. EXCLUSIVE (No Exports)**

Genre

**FILE UNDER - S - ELECTRONIC**



### DESCRIPTION

**Själen** is a Stockholm-based duo consisting of **Johan Jan Jonason** and **Mats Andberg**. *Spirit High* is their debut album, arriving after the band's previous Studio Barnhus appearances with 2020's heartfelt ballad "Älska mig" as well as a single release of this album's title track in summer 2021. On *Spirit High*, multi-instrumentalist Andberg together with album co-producer **Axel Boman** weave a shimmering lo-fi tapestry that frontman Jonason vigorously tears apart using simple iconic phrases delivered with a unique singing voice – naively desperate, delicately forceful. No posing, just transparency! No nuances, just the pure expression of Själen!

### TRACKLISTING

- A1. Spirit High
- A2. Vet du vad det betyder
- A3. Dom låg där i en hög
- A4. Flyg iväg
- B1. Tråden
- B2. Bakom en buske
- B3. Du sa
- B4. Marschera
- B5. Älska dig

### HIGHLIGHTS

- **Själen** is a Stockholm-based duo consisting of **Johan Jan Jonason** and **Mats Andberg**.
- *Spirit High* is their debut album, arriving on Studio Barnhus.
- On *Spirit High*, multi-instrumentalist Andberg together with album co-producer **Axel Boman** weave a shimmering lo-fi tapestry that frontman Jonason vigorously tears apart using simple iconic phrases delivered with a unique singing voice.

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